



Mental Health Intensive Outpatient Program

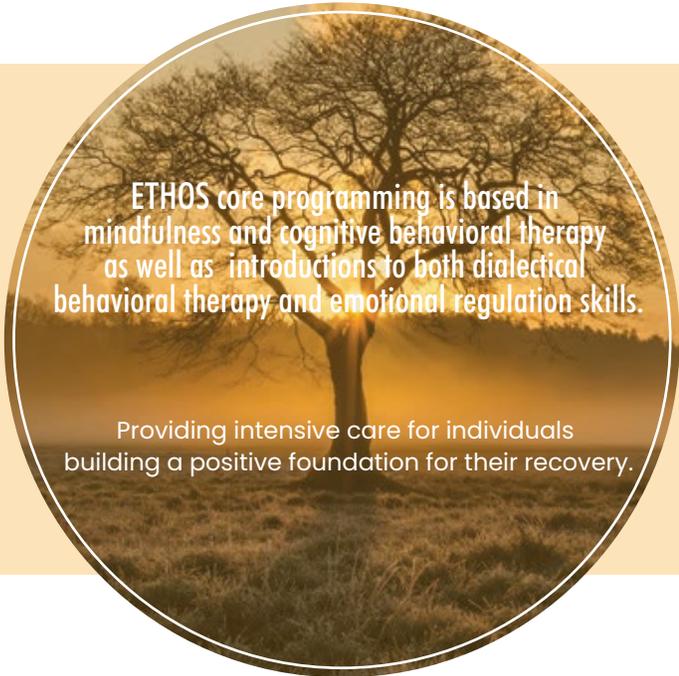
ETHOS Mental Health Intensive Outpatient Program offers a personalized, multidisciplinary approach to treating psychiatric, mood, and anxiety issues. We cater to clients needing more intensive therapy than one on one treatment as well as those stepping down from residential/partial levels of care. Our program is designed to help clients strengthen coping skills, improve emotional regulation, and develop practical life skills; all with the goal of returning to healthy day to day functioning.

ethostreatment.com

Call (267) 669-0300 for a comprehensive evaluation today.

True commitment to long-term mental health stabilization

At ETHOS Treatment, your entire narrative counts. We want to hear your whole story, not just your diagnosis. After a thorough assessment, we customize a plan specifically for you, pulling from the many different modalities and therapies our clinicians are trained in.



ETHOS core programming is based in mindfulness and cognitive behavioral therapy as well as introductions to both dialectical behavioral therapy and emotional regulation skills.

Providing intensive care for individuals building a positive foundation for their recovery.

ETHOS offers day, evening, and specialty groups.

Ethos is proud to be network with:



Conditions We Treat

- Clinical Depression (Major Depressive Disorder)
- Bipolar Disorder (Manic Depression)
- Generalized Anxiety Disorder (GAD)
- Obsessive-Compulsive Disorder (OCD)
- Panic Disorder
- Post- Traumatic stress Disorder (PTSD)



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