

## Intensive Outpatient Therapy

Our mission at ETHOS Treatment is to provide optimum intensive therapeutic interventions to overcome the barriers that individuals face to achieve long-term recovery. Through consistent support in a multifaceted treatment approach, we strive to provide a therapeutic setting for individuals to find their authentic selves free from substance abuse.

As an independent substance abuse center, we have the freedom to ensure our clients' interests always come first. Individuals who choose to be in treatment with us will receive highly-individualized, relapse-resistant, treatment plans to help them develop long-term sustainable recovery.

ETHOS incorporates established ethical clinical programs to compliment and reinforce an evidence based, comprehensive approach to addiction treatment.

*Providing intensive care for individuals building a positive foundation for their recovery.*

**Call (267) 669-0300  
for a comprehensive  
evaluation today.**

### True commitment to long-term recovery

We are committed to help persons struggling with substance abuse transition back to their normal routine while steering clear of substances that have negatively impacted their lives. Clients learn how to identify their triggers to help them cope with challenges in their early recovery.

**ETHOS offers day, evening, and specialty groups at all of our locations.**

ETHOS is proud to be in network with:



### Our program includes:

Diagnostic evaluations

Person-centered

Relapse prevention  
skills building

Cognitive behavioral therapy

Family therapy

Trauma informed care

Psychiatric assessments  
and management

Small group therapy sessions

Licensed clinicians

Evidence based interventions

Aftercare planning  
and support

