

Family First Program

Research suggests that family therapy is the **single largest indicator** for positive outcomes of substance abuse treatment. We also know families benefit from their own support services.

Family First Program is not just for our core Intensive Outpatient program loved ones. ETHOS Family Program is open to loved ones and parents even if their loved one isn't in our primary care. Families can also receive a comprehensive evaluation of the long-term issues and patterns they have been facing with their unique family dynamic. Additionally, families will collaboratively set familial goals to assist in family healing.

Family First Program is an eight week series of crafted programming from Pat Dowling LPC, who brings over twenty years of direct clinical care of families with substance abuse.



ETHOS incorporates established ethical clinical programs to compliment and reinforce an evidence based, comprehensive approach to addiction treatment.

Providing intensive care for individuals building a positive foundation for their recovery.

Call (267) 669-0300 for a comprehensive evaluation today.

Family First Clinical Services

- Psycho-educational Groups Weekly
- Individualized Family Consultations
- Coordination and Collaboration of Additional Family Supports
- Groups Focused on Emotional Skills Building
- Education and Insights into Health Coping Mechanisms
- Licensed, Long Term Experienced Therapists

ETHOS is proud to be in network with:



Our Program Topics:

How Did We Get Here?

Behavior and Environment

Addiction and Enabling

Recovering Integrity

Recovering My Life

Addiction as Feedback Resistant

Parallel Recovery

Healthy Communication